THE ENERGIZING PROCESS

OCTOBER 2013 Atlantic Cape May Workforce Investment Board Disabilities Committee

You are invited to play a Game. These are the parameters which will determine participation:

You will not be told the consequences of winning or losing or even what winning or losing will look like.

You will not be told the rules of the game when you begin to play. As the game progresses, rules will be introduced here and there at random.

Sometimes, as part of the game, you must make up rules by yourself or with others and find out through consequences whether your guesses about rules were good ones.

Other players will participate, but usually you will not know at any time their true position in the game.

DO YOU WANT TO PLAY THIS GAME? The game is called ____.

molecular nanotechnology

3D Printer

Smart phone/watches

Photovoltaic Glass

(http://www.youtube.com/watch?v=6Cf7IL_eZ38)

I Bot Stair Climbing Wheelchair

Cochlear Implant

Car's for the Blind

DynaVox EyeMax system



Take a Risk

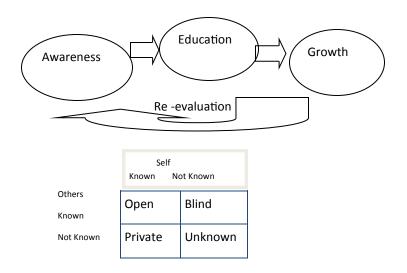
WIIFM Motivation = Perceived Payoff

Make Goals Bigger than the Risk

Guaranteed Success
24 hours—dependent upon
self

Action \Longrightarrow Belief \Longrightarrow Reaction





Principles:
Thought is Creative
Mental Clearing
Vision

Techniques:

Affirmation
Visualization
Energizing